

flexibility
 consistency
 accessibility
 protected characteristics
education
 awareness and signposting
 stigma and stereotypes
 type of support
 waiting times
 age

SUPPORTING YOUNG PEOPLE TO SET THE AGENDA:

All 4 charters were launched on 4th February 2021, coinciding with Children's Mental Health Awareness Week.

All of the charters had different key messages but there were **four common** themes from across the UK.

Young people want:

- Services that listen
- Reduced waiting times
- Flexible support
- An end to inequality and discrimination.

Read more about our charters [here](#)



CO-PRODUCE SOLUTIONS:

Every nation collaborated with young people to host online **roundtable events** and in England, young people led an in-person **'deep-dive'**.

These events brought young people together with practitioners, professionals and key national and local decisionmakers in order to co-produce solutions for systems change.

Almost **100 young people** co-produced events which saw **130 stakeholders** attend



NEXT STEPS...

Keep up-to-date with how we're getting on by signing up to updates!

SUPPORTING YOUNG PEOPLE TO SET THE AGENDA:

Partners from across the UK supported young people to think about what a **young person-centred mental health system** would need to look like to ensure it was holistic, rights-based and accessible to them.

Each nation created their own version of a charter that was specific to the needs of young people in each country.

OUR MINDS
OUR FUTURE

EMPOWER YOUNG PEOPLE TO LEAD CHANGE:

Following the charter launch, young people across the UK were supported to undertake **youth social action** to promote their key messages.

This included:

- Sharing their stories and journeys through [blogs](#), podcasts & interviews
- Social media takeovers
- Meeting with key decisionmakers
- Hosting briefing sessions and workshops for practitioners
- Themed skills development and training sessions
- Feeding into the [#FundtheHubs](#) campaign (England)



CO-PRODUCE SOLUTIONS:

Partners and young people across the UK are now preparing to deliver **conferences** in each nation, by the end of 2022.

In England, the Community Conference took place throughout April and May 2022 and was a huge success - it brought young people together with members across our network, where they **showcased their charter** and the importance of this programme, and wider work.

