

Course Areas and Course Titles	Days	Credits	Module leader
A. COUNSELLING YOUNG PEOPLE			
A1. An Introduction to Counselling Young People	2	10	Carolyn Mumby
A2. Young Person Centred Counselling Assessment (including the principles and tools of risk assessment) For practitioners	2	10	Carolyn Mumby
A3. Understanding Safeguarding and child protection when working with young people.	1	5	Amandeep Hothi
A4. Working positively with difference (exploring identity, acknowledging and working with difference and challenging prejudice in the counselling process).	2	10	Carolyn Mumby
A5. Working creatively and proactively to engage and support young people in the counselling process	1	5	Carolyn Mumby
A6. Solution Focused Approaches to counselling young people	1	5	Carolyn Mumby
A7. Developing a Coaching Approach an introduction to coaching for counsellors of young people	2	10	Carolyn Mumby
B. COUNSELLING YOUNG PEOPLE - MENTAL HEALTH			
B1. Nurturing young people's mental health through the counselling relationship	2	10	Carolyn Mumby
B2. Counselling young people who have experienced or witnessed Trauma	1	5	Carolyn Mumby
B3. Counselling young people who Self Harm	1	5	Carolyn Mumby
B4. Counselling Young people at risk of Suicide	1	5	Carolyn Mumby
B5. Eating Disorders	1	5	Carolyn Mumby
B6. Early Intervention Psychosis	1	5	Carolyn Mumby
B7. Understanding how domestic violence affects the lives of young people.	1	5	Amandeep Hothi
C. MANAGEMENT ISSUES AND CLINICAL SUPERVISION			
C1. Developing effective systems for counselling assessment and risk assessment within the organisation. (Suitable for managers and supervisors)	2	10	Carolyn Mumby

of Youth Counselling Services)			
C2. Becoming a Supervisor (casework)	2	10	Carolyn Mumby
Part I	2	10	
Part II	2	10	
Part III (suitable for experienced youth counsellors who wish to become counselling supervisors).			
C3 Introduction to using counselling outcome tools with young people	1	5	Catherine Wilson

Totals

28 days 140 Credits



These courses have been accredited with UEL